

## **“Art of Dying” Magazine, Volume 1 and Volume II**

I hope you take some relaxed time and view the “Art of Dying” Magazine, Volume 1 and Volume II. Although the first volume was released at the end of 2016, it is timeless. The second was released in September 2017.

This profound and beautiful online magazine, “Art of Dying,” Volume II, can be found at [www.artofdying.net](http://www.artofdying.net). Use the right arrow to turn the pages. Enlarge the page so you can read it easily. If you want to see Volume I, look at the left margin, and click on the image that looks like a book cover.

In this exquisite magazine, the first of its kind, John Wadsworth, founding editor and creative director, has designed and published stories and ideas about death and dying. John says, “Art of Dying unconditionally respects the numberless ways through which we cooperate with death’s mystery. All perspectives are welcome, and no insistence that pain and sorrow be negated, nor that the Unknown be known. Death transcends the humancentric worldview. We, the living and the dying, unite in death’s transcendence.

Since my TEDx talk, “Not Here By Choice,” given only seven months after my husband died, I have been interviewed numerous times. I offer information generously as a way to help others expand their own end of life choices.

In Volume I, the article about Alan and me is the last article in the magazine. It is one of the most beautiful and poignant articles yet written about Alan’s choice and passage to VSED (Voluntarily Stopping Eating and Drinking).

The article begins: “Alan Alberts is a harbinger of our culture’s changing relationship with death and dying. He chose elective death through Voluntarily Stopping Eating and Drinking (VSED) rather than suffering the disassociated life of Alzheimer’s. His wife, Phyllis Shacter intimately participated in Alan’s death. Together, they embody the emerging paradigm of couples, families and friends embracing individual death as a shared experience through which all, the living and the dead, are united in a heightened awareness of life, love and one another.

In the first Volume I, Phyllis tells Alan’s story through conversations they held until Alzheimer’s silenced his voice.

In Volume II (toward the end of the magazine), released in September 2017, Phyllis shares her journey about her grieving process after her husband died, and how that led her to the work she continues to do today, advocating and educating others about elective death and expanding end of life choices. “I’m an advocate for living into our dying, being aware of what is happening to us when it’s happening and not denying it.

If you would like to purchase a hard copy of this magazine, click on the website, [www.artofdying.net](http://www.artofdying.net). On the left side, click on “Order Print.”

Each Volume is a beautiful and heartfelt piece of art to enjoy and share with others.